

High School Basketball League Rules 2025

Boys & Girls Grades 9th-12th

1. All high school basketball rules will apply to these leagues unless stated here below. High School Rule: Foul Shots: players lined up at the key may enter the key at the release of the ball. Players behind the 3-point arc must still wait until the ball hits the rim.
2. Players not in uniform (jersey provided by the city) will not be allowed to play. A team must start the game with a minimum of 4 players or forfeit the game. A team may play and end the game with 4 players, but if they drop to 3 players (due to injury, technical, ejections, or fouling out) the game will then be stopped and declared a forfeit. **The officials or Site Supervisor can call the game at any time if they feel that play is becoming too unsportsmanlike.**
3. The high school technical foul rules will apply. Any player ejected from a game may be asked to leave the gym immediately. Failure to do so will result in your team forfeiting the game.
1st Technical - Must sit out for the remainder of the game in which the foul took place, and the first half of the next game the team plays if the foul occurred in the second half or overtime. Player, or coach that received the foul must leave the premises.
2nd Technical - Must sit out for from the remainder of the game of technical and leave the premises. Player must sit out the next full game that their team plays.
3rd Technical – Must sit out the remainder of the game, and leave the premises. Suspension from remainder of season. (Any time in pre-season, regular, and post-season) - (No refund will be given!)
4. Technical fouls can be given before, during or after a basketball game. Any team that receives a total of **seven technical fouls** during the season (including tournament) will be eliminated from further play, without refund.
5. There will be no swearing of any kind tolerated. It is offensive to other participants as well as spectators. Our program will not condone this behavior. **Any player that swears or uses inappropriate language will be issued a technical and will be ejected from the game without warning.**

GAME TIME FOR 9TH - 12TH GRADE LEAGUES

Game time will consist of two 18 minute halves with the clock stopping on shooting fouls and time outs. The clock will stop the last two minutes of each half on all violations.

If the score is tied at the end of regulation time, a three minute overtime will be played. If the score is still tied at the end of the overtime, teams will play sudden death, where the first team to score is the winner.

Bonus Shots: One and One will be shot beginning on the 7th team Foul. Two shot penalty will be shot from the 10th team foul on.

Each team has two (2) timeouts per half (no carry-overs). In overtime, each team will have one (1) timeout.