



4th Grade Flag Football 2025

League Information

There are 9 teams in the 4th grade flag football league. This league will be playing 7v7 football. Games will consist of two 20 minute halves, with a 5 minute half time. Players must be wearing their city issued team jersey to play. Rules, standings, and other information will be posted online at spanishfork.gov.

Teams and Coaches

| Team | Coach | Phone |
|------------|------------------|--------------|
| 49ers | Ryan Kennelly | 801-404-3775 |
| Bengals | Cade Christensen | 435-327-0758 |
| Cardinals | Rob Stephenson | 801-319-9217 |
| Commanders | Sean Watkins | 435-630-0722 |
| Panthers | Stuart Spencer | 801-623-8698 |
| Rams | Jacob O'Brien | 801-615-3271 |
| Ravens | Cory Ferguson | 801-691-2660 |
| Seahawks | Mike Buonomo | 801-691-3393 |
| Steelers | Sean Cota | 385-910-8751 |



Sportsmanship

All players, coaches, and spectators are expected to abide by the sportsmanship expectations outlined in the city's Youth Sports Sportsmanship Policy. Please prioritize good sportsmanship in all of your practices and games. Sportsmanship will be tracked throughout the season and at the end of the season, players on the team with the best sportsmanship will be given a sportsmanship award.

Field Condition Updates

In cases of inclement weather or poor field conditions, games may have to be cancelled. Check for updates on the city website at spanishfork.gov/rainout. Rainout information will be updated by 4:00 PM on game days. When necessary, cancellations may be made at the game location by Site Supervisors or other Parks and Recreation Staff. Games that have been cancelled due to weather or field conditions will most likely be made up, but it is not guaranteed.

Field Location

Russell Swenson Baseball Complex: 171 West 300 South

Game Schedule

| | | | | |
|---------------|---------|------------|----------|------------|
| Wednesday, | 5:00 PM | 49ers | Seahawks | Pony Field |
| September 3rd | 6:00 PM | Bengals | Ravens | Pony Field |
| | 7:00 PM | Cardinals | Rams | Pony Field |
| BYE: Steelers | 8:00 PM | Commanders | Panthers | Pony Field |

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|-----------------|----------|----------|-----------|------------|
| Saturday, | 9:00 AM | Panthers | Cardinals | Pony Field |
| September 6th | 10:00 AM | Rams | Bengals | Pony Field |
| | 11:00 AM | Ravens | 49ers | Pony Field |
| BYE: Commanders | 12:00 PM | Seahawks | Steelers | Pony Field |

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|------------------------------|----------|------------|------------|------------|
| Wednesday, September 10th | 5:00 PM | Bengals | Steelers | Pony Field |
| | 6:00 PM | Cardinals | Seahawks | Pony Field |
| | 7:00 PM | Commanders | Ravens | Pony Field |
| BYE: 49ers | 8:00 PM | Panthers | Rams | Pony Field |
| Saturday, September 13th | 9:00 AM | Rams | Commanders | Pony Field |
| | 10:00 AM | Ravens | Cardinals | Pony Field |
| | 11:00 AM | Seahawks | Bengals | Pony Field |
| BYE: Panthers | 12:00 PM | Steelers | 49ers | Pony Field |
| Wednesday, September 17th | 5:00 PM | Cardinals | 49ers | Pony Field |
| | 6:00 PM | Commanders | Steelers | Pony Field |
| | 7:00 PM | Panthers | Seahawks | Pony Field |
| BYE: Bengals | 8:00 PM | Rams | Ravens | Pony Field |
| Saturday, September 20th | 9:00 AM | Ravens | Panthers | Pony Field |
| | 10:00 AM | Seahawks | Commanders | Pony Field |
| | 11:00 AM | Steelers | Cardinals | Pony Field |
| BYE: Rams | 12:00 PM | 49ers | Bengals | Pony Field |
| Wednesday, September 24th | 5:00 PM | Steelers | Ravens | Pony Field |
| | 6:00 PM | 49ers | Rams | Pony Field |
| | 7:00 PM | Bengals | Panthers | Pony Field |
| BYE: Seahawks | 8:00 PM | Cardinals | Commanders | Pony Field |
| Saturday, September 27th | 9:00 AM | Commanders | Bengals | Pony Field |
| | 10:00 AM | Panthers | 49ers | Pony Field |
| | 11:00 AM | Rams | Steelers | Pony Field |
| BYE: Cardinals | 12:00 PM | Ravens | Seahawks | Pony Field |
| Wednesday, October 1st | 5:00 PM | Seahawks | Rams | Pony Field |
| | 6:00 PM | Steelers | Panthers | Pony Field |
| | 7:00 PM | 49ers | Commanders | Pony Field |
| BYE: Ravens | 8:00 PM | Bengals | Cardinals | Pony Field |

Post-season tournament dates are TBD