

# 2019 Youth Sports & Fitness Summer Games

## Session II

Spanish Fork Jr. High 600 S. 820 E.  
(enter through gym door on west side of building)



Dates	Sport of the day
<u>Week 1</u>	
Monday, June 17 <sup>th</sup>	Basketball
Tuesday, June 18 <sup>th</sup>	Football
Wednesday, June 19 <sup>th</sup>	Soccer
Thursday, June 20 <sup>th</sup>	Baseball/Softball
<u>Week 2</u>	
Monday, June 24 <sup>th</sup>	Volleyball
Tuesday, June 25 <sup>th</sup>	Track & Field
Wednesday, June 26 <sup>th</sup>	Pickleball/ Spikeball
Thursday, June 27 <sup>th</sup>	All Sports/Games Day!

This is an outline of the sports we will be play each day in each session. We may change certain sports depending on the weather or unavailable space inside the school. **The sport of the day will be coupled with other sports, fun games and activities.** The takeaway from this program is for the participants to stay active by organizing the sports games and activities learned, back to their friends and neighborhoods for some unstructured play. Children participating in the program are encouraged to wear tennis shoes and may bring any kind of equipment that correlates with the sport of the day. (e.g. -base/soft gloves, balls, etc.). A majority of the time will be spent outside, so it is recommended that children wear sun screen and bring water. All Sessions will be held at the Spanish Fork Jr. High located at 600 S. 820 E. Participants will meet in the gym and must enter on the west side of the building-pick up will be done there also.

1<sup>st</sup> Session begins at 9:00 am and ends at 11:00 am, 2<sup>nd</sup> Session begins at 11:30 am and ends at 1:30 pm. Parents please be on time to pick up your children.

**\*Participants must attend the session they are registered for!**

We look forward to having great sessions! We want every kid to have a fun time! If you have any question regarding the Sports & Fitness Summer Games, feel free to contact the Recreation office at (801) 804-4600